



## **INFORMATION FOR FIRST CLINIC APPOINTMENT**

### **What to bring to your first visit to Princess Margaret Hospital**

- Your Health Card
- Your Blue Hospital Card

If you do not have a Blue Princess Margaret Hospital Card, please check in at your clinic. Your information will be collected and you will be issued a Blue Hospital Card. (PMH / UHN Card). You will need to bring the following pieces of information:

- 2 pieces of identification: your health card and some type of identification that shows your address (driver's license, etc.)
- the name of your family doctor, and his or her address and telephone number
- the name, address and telephone number of your emergency contact
- your health insurance policy/certificate (if you have one)
  
- Your current medications in their original bottles including prescription and non-prescription medications, vitamins and herbal products.
- Money for parking (credit cards accepted)
- Medical imaging CD – if your referring doctor has asked you to bring it with you
- List of any questions that you may have about your treatment
- Paper and pen to take notes
- A book, music with headphones, laptop computer, etc.
- Money for newspapers, magazines, coffee shop, etc.

*You might want to bring a friend or family member with you, as you will receive a lot of information during your first visit. It may be helpful to have someone else with you to listen and take notes.*

### **What to expect at your visit to Princess Margaret Hospital**

- Your first visit will be a consultation – this means that you may be examined, but treatment will not start on this day. We recommend that you wear comfortable clothing as you may be asked to change into a hospital gown.
- You will be seen by a number of different members of your health care team.
- Unless you have been told differently, eating before you arrive for your appointment is allowed.
- There are a number of factors that can influence the length of your visit, including the need for additional tests, seeing various members of your care team, etc.

Be prepared for possible delays (e.g. ensure adequate babysitting arrangements, coverage for parking, etc.)

