

Toronto Congenital Cardiac Centre For Adults



Conference Facility

George Vari Engineering &
Computing Centre
245 Church Street
Ryerson University
Toronto, Ontario
(Corner of Church St.
and Gould St.)

Parking available underneath
building and on side streets in the
area

Accommodation / Reservations

Ryerson University
Cost per room
\$81.00 plus 10% tax
Includes hot breakfast
(rooms will be held for booking until
April 15, 2010)
Call: 416-979-5296

**For questions about the
Conference contact:**

Carole Ryan
416-340-4871
carole.ryan@uhn.on.ca

5th Annual Toronto Congenital Cardiac Patient Conference

Saturday May 15, 2010



Toronto Congenital Cardiac Centre for Adults



Peter Munk Cardiac Centre

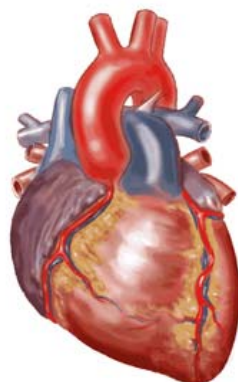
The Toronto Congenital Cardiac Centre for Adults (TCCCA) invites you to this interactive experience. Specialists from around the world will teach you how to live and cope with your heart condition. Please join us to meet other people with congenital heart conditions just like you.

PROGRAM

- 0800 – 0830 Registration
Coffee & Breakfast**
- 0830 – 0845 Welcome**
*Adrienne Kovacs, PhD
TCCCA Psychologist*

*Qunyu Li, NP
TCCCA Nurse Practitioner*
- 0845 – 0930 You've Come a Long Way
Baby! Lessons Learned
From Working in ACHD**
*Jeanine Harrison, NP
Nurse Practitioner*
- 0930 – 1015 Evolution of ACHD
Imaging: Echo to MRI and
CT and Back to Echo Once
More!**
*Andrew Crean, BM MRCP
TCCCA Cardiologist*
- 1015 – 1045 BREAK**
- 1045 – 1115 Family Planning for Men &
Women**
*Jack Colman, MD FRCPC
TCCCA Cardiologist*

- 1115 – 1145 Power of the Patient**
*John MacEachern
Patient & President, CCHA*
- 1145 – 1300 LUNCH**
- 1315 – 1400 Our Bodies, Our Selves:
Life and Identity with CHD
From a Patient's
Perspective**
*Julie Sadler
Congenital Patient*
- 1400 – 1445 Staying Active**
*Tanya Holloway, MSc, RCEP
Exercise Physiologist*
- 1445 – 1515 BREAK**
- 1515 – 1545 Healthy Eating**
*Nishta Saxena, MSC, RD
Dietician*
- 1545 – 1630 Blue is a Cool Colour:
My Life With Congenital
Heart Disease**
*Kevin Gordon
Patient & Vice Chair, ACHA*



REGISTRATION

Patient Name: _____

Names of Each Guest:

Address: _____

City/Prov: _____

Postal code: _____

Telephone #: _____

Registration Fee:

Fee per person	Number of people attending	Total
\$ 40.00		

Please make cheque payable to:

TG/TW Foundation

OR

Online Registration Opens: March 1st

Register and pay online at

www.uhn.ca/CHDPatientDay2010.asp

Mail registration and cheque to:

Attn: Carole Ryan
C/o Dr. Erwin Oechslin
Toronto General Hospital, 5N - 519
585 University Avenue
Toronto, Ontario, M5G 2N2

Final Registration Date: May 1, 2010