

# CARDIAC REHABILITATION CENTRES IN ONTARIO

*Compiled by the Cardiac Visiting Volunteer Program  
If you are interested in volunteering, please contact the department of  
Volunteer Resources (416) 340-4114*

## CENTRES IN THE GREATER TORONTO AREA

### **Credit Valley Hospital – Cardiovascular Rehabilitation Program**

2200 Eglinton Ave. W  
Mississauga, ON  
L5M 2N1  
Phone: (905) 813-4198 Fax: (905) 813-4546  
Email: [lscholey@cvh.on.ca](mailto:lscholey@cvh.on.ca)  
Web: [www.cvh.on.ca/programs/cardiopulmonary.htm#crehab](http://www.cvh.on.ca/programs/cardiopulmonary.htm#crehab)

**\*\* NOT COVERED BY OHIP**

### **Humber River Regional Hospital – Church Street Site – Cardiac Rehab Program**

200 Church St.  
Toronto, ON M9N 1N8  
Phone: (416) 243-4128  
Web: [www.hrrh.on.ca](http://www.hrrh.on.ca)

### **Rouge Valley Health System - Lobraico Cardiac Disease Prevention and Rehabilitation Centre**

2867 Ellesmere Road 11<sup>th</sup> floor  
Toronto, ON  
M1E 4B9  
Phone: (416) 281-7113 Fax: (416) 281-7280  
Email: [tfair@rougevalley.ca](mailto:tfair@rougevalley.ca)  
Web: [www.excellentcare.com/service/cardiac](http://www.excellentcare.com/service/cardiac)

### **Scarborough Community Cardiac Rehab**

78 Corporate Drive, Unit #10  
Scarborough, ON  
M1H 3G4  
Phone: (416) 279-0855 ext. 228 Fax: (416) 279-0857  
Email: [clyens@hotmail.com](mailto:clyens@hotmail.com)  
Web: [www.cacr.ca/resources/programs/p-sccr.htm](http://www.cacr.ca/resources/programs/p-sccr.htm)

### **St. John's Rehabilitation Hospital – Cardiac Rehab Program**

285 Cummer Ave.  
Toronto, ON  
M2M 2G1  
Phone: (416) 226-6780 Fax: (416) 226-6265  
Email: [info@stjohnsrehab.com](mailto:info@stjohnsrehab.com)  
Web: [www.stjohnsrehab.com](http://www.stjohnsrehab.com)

### **St. Joseph's Health Centre – Cardiac Rehab Program**

30 The Queensway, Morrow Wing 6<sup>th</sup> floor  
Toronto, ON  
Phone: 416-530-6058  
Web: [www.stjoe.on.ca](http://www.stjoe.on.ca)

### **Toronto Rehab Institute – Cardiac Rehab & Secondary Prevention**

345 Rumsey Road  
Toronto, ON  
M4G 1R7  
Phone: (416) 597-3422 ext. 5200 Fax: (416) 425-8906  
Email: [beaulieu.natalie@torontorehab.on.ca](mailto:beaulieu.natalie@torontorehab.on.ca)  
Web: [www.torontorehab.com/patient/cardiac/ccontact.htm](http://www.torontorehab.com/patient/cardiac/ccontact.htm)

### **Trillium Health Centre - Cardiac Wellness & Rehabilitation Centre**

150 Sherwood Drive  
Etobicoke, ON  
M9C 1A5  
Phone: (416) 521-4068 Fax: (416) 521-4073  
Web: [www.trilliumhealthcentre.org](http://www.trilliumhealthcentre.org)

**University Health Network – Cardiac Rehabilitation**

Toronto Western Hospital  
399 Bathurst St. 4A Fell – 130  
Toronto, ON  
M5T 2S8  
Phone: (416) 603-5268 Fax: (416) 603-5274  
Email: [veola.caruso@uhn.on.ca](mailto:veola.caruso@uhn.on.ca)  
Web: [www.uhn.on.ca](http://www.uhn.on.ca)

**West Park Healthcare Centre**

82 Buttonwood Ave.  
Toronto, ON  
M6M 2W5  
Phone: (416) 243-3600 ext. 2106 Fax: (416) 243-8947  
Email: [drenzett@westpark.org](mailto:drenzett@westpark.org)  
Web: [www.westpark.org](http://www.westpark.org)

**York Central Hospital – Cardiac Rehabilitation Centre**

Jacob Keffer Site  
37 Jacob Keffer Parkway (Keele & Rutherford)  
Vaughan, ON  
Phone: (905) 832-8070 ext. 2232 Fax: (905) 832-0720  
Email: [ccassarchis@yorkcentral.on.ca](mailto:ccassarchis@yorkcentral.on.ca)  
Web: [www.yorkcentral.com](http://www.yorkcentral.com)

---

**CENTRES IN ONTARIO****Alexandra Hospital****Oxford County Cardiac Rehabilitation & Secondary Prevention**

29 Noxon St.  
Ingersoll, ON  
N5C 3V6  
Phone: (519) 485-1700 Fax: (519) 485-9606  
Email: [ah@alexandra.hospital.on.ca](mailto:ah@alexandra.hospital.on.ca)  
Web: [www.alexandrahospital.ca/hospital.htm](http://www.alexandrahospital.ca/hospital.htm)

**Chatham-Kent Health Alliance - Cardiac Rehab & Secondary Prevention Program**

80 Grand Ave. W  
Chatham, ON  
N7M 5L9  
Phone: (519) 436-2580 Fax: (519) 358-3028  
Web: [www.ckha.on.ca](http://www.ckha.on.ca)

**Halton Healthcare Services – Cardiac Rehab Program**

Oakville-Trafalgar Memorial Hospital  
327 Reynolds St  
Oakville, ON  
L6L 37L  
Phone: (905) 845-2571 ext. 6653 Fax: (905) 815-5109  
Web: [www.haltonhealthcare.com/mout.php#opatient](http://www.haltonhealthcare.com/mout.php#opatient)

**Hamilton Health Sciences - Cardiac Health & Rehab Centre**

237 Barton St. E  
Hamilton, ON  
L8L 2X2  
Phone: (905) 577-8033 Fax: (905) 528-3148  
Email: [kodis@hhsc.ca](mailto:kodis@hhsc.ca)  
Web: [www.hamiltonhealthsciences.ca](http://www.hamiltonhealthsciences.ca)

**Heart Niagara Inc. – Cardiac Rehabilitation Program**

Allied Health Building  
5673 North St., 1<sup>st</sup> Floor  
Niagara Falls, ON  
L2G 1J4  
Phone: (905) 358-5552 Fax: (905) 358-6033  
Email: [info@heartniagara.com](mailto:info@heartniagara.com)  
Web: [www.heartniagara.com/prog\\_cardiacrehab.html](http://www.heartniagara.com/prog_cardiacrehab.html)

**Hotel Dieu Hospital – Cardiac Rehabilitation Centre**

166 Brock St.  
Kingston, ON  
K7L 5G2  
Phone: (613) 544-3400 ext. 3123 Fax: (613) 544-4749  
Email: [brander@pccchealth.org](mailto:brander@pccchealth.org)  
Web: [www.pccchealth.org/rehab/out\\_king/cardiac.htm](http://www.pccchealth.org/rehab/out_king/cardiac.htm)

**Lakeridge Health – Cardiac Prevention & Rehabilitation**

1 Hospital Court  
Oshawa, ON  
L1G 2B9  
Phone: (905) 576-8711 ext. 3804  
Web: [www.lakeridgehealth.on.ca/patient\\_care/cardiac/index.htm](http://www.lakeridgehealth.on.ca/patient_care/cardiac/index.htm)

**L`Hôpital Regional de Sudbury Regional Hospital Cardiovascular Disease Prevention & Rehabilitation Program**

140 Durham St.  
Sudbury, ON  
P3E 3M7  
Phone: (705) 688-7310 Fax: (705) 688-7301  
Email: [jpoupore@hrsrh.on.ca](mailto:jpoupore@hrsrh.on.ca)  
Web: [www.hrsrh.on.ca](http://www.hrsrh.on.ca)

**London Health Sciences Centre – Cardiac Fitness Institute**

800 Commissioners Rd. E.  
London, ON  
N6A 4G5  
Phone: (519) 685-8372 Fax: (519) 667-6704  
Web: [www.londoncardiacrehab.com](http://www.londoncardiacrehab.com)

**McMaster University - MacTurtle Cardiac Rehabilitation Program**

1280 Main St. W  
Hamilton, ON  
L8S 4K1  
Phone: (905) 525-9140 ext 24877 Fax: (905) 525-7629  
Email: [Winegard@mcmaster.ca](mailto:Winegard@mcmaster.ca)  
Web: [www.mcmaster.ca/kinesiology/community\\_programs.cfm](http://www.mcmaster.ca/kinesiology/community_programs.cfm)

**Milton District Hospital – Cardiac Rehabilitation Program**

30 Derry Road East  
Milton, ON, L9T 2X5  
Phone: (905)-876-7022  
Web: [www.haltonhealthcare.com/mprehab.php](http://www.haltonhealthcare.com/mprehab.php)

**Ontario Aerobics Centre – Cardiac Rehabilitation**

1010 Hopewell Creek Dr. RR #2  
Breslau, ON  
N0B 1M0  
Phone: (519) 648-2252 Fax: (519) 648-3686  
Email: [jps@jschaman.com](mailto:jps@jschaman.com)  
Web: <http://www.ahs.uwaterloo.ca/~jschaman/>

**Orangeville Headwaters Healthcare Centre**

100 Rolling Hills Dr.  
Orangeville, ON  
L9W 4X9  
Phone: (519) 941-2702 ext. 2248 (Kathryn Hunt)  
Email: [khunt@headwatershealth.ca](mailto:khunt@headwatershealth.ca)  
Web: [www.headwatershealth.ca](http://www.headwatershealth.ca)

**Orillia Soldier's Memorial Hospital – Cardiopulmonary Rehabilitation Program**

170 Colborne St. West  
Orillia, ON  
L3V 2Z3  
Phone: (705) 327-9116 (Andrew Ford)  
Web: [www.osmh.on.ca](http://www.osmh.on.ca)

**Norfolk Cardiac Club**

216 West St. Suite 303

Simcoe, ON

N3Y 1S8

Phone: (519) 426-7370 (Michelle)

**\*\*NOTE: NOT COVERED BY OHIP**

**South Bruce Grey Health Centre**

21 McGivern St. PO Box 1300

Walkerton, ON

N0G 2V0

Phone: (519) 881-1220 Fax: (519) 881-0452

Email: [dmcphoe@SBGHC.on.ca](mailto:dmcphoe@SBGHC.on.ca)

Web: [www.sbghc.on.ca](http://www.sbghc.on.ca)

**Southlake Regional Health Centre – Heart Works Cardiac Rehab**

Tannery Mall 4<sup>th</sup> floor

465 Davis Drive

Newmarket, ON

L3Y 2P9

Phone: (905) 895-4521 ext. 2798 Fax: (905) 830-5980

Web: [www.southlakeregional.org/cardiac.outpatient.html](http://www.southlakeregional.org/cardiac.outpatient.html)

**St. Mary's General Hospital – Hearts in Motion**

911 Queen's Blvd.

Kitchener, ON

N2M 1B2

Phone: (519) 749-6556 Fax: (519) 749-6426

Email: [lbrooks@smgh.ca](mailto:lbrooks@smgh.ca)

Web: [www.smgh.ca](http://www.smgh.ca)

**Temiskaming Hospital – Cardiopulmonary Rehabilitation**

421 Shepherdson Road PO Box 4040

New Liskeard, ON

P0J 1P0

Phone: (705) 647-1088 ext. 2115 Fax: (705) 647-4154

Email: [info@temiskaming-hospital.com](mailto:info@temiskaming-hospital.com)

Web: [www.temiskaming-hospital.com](http://www.temiskaming-hospital.com)

**Thunder Bay Regional Health Sciences Centre – Cardiac Education & Rehabilitation Program**

460 N. Court St.

Thunder Bay, ON

P7A 4X6

Phone: (807) 346-3440 Fax: (807) 345-5241

Email: [kmillc@tbh.net](mailto:kmillc@tbh.net)

Web: [www.tbrhsc.net](http://www.tbrhsc.net)

**University of Ottawa Heart Institute – Prevention & Rehab Centre**

40 Ruskin Ave.

Ottawa, ON

K1Y 4W7

Phone: (613) 798-5555 ext. 12910 Fax: (613) 761-5336

Email: [Imorin@ottawaheart.ca](mailto:Imorin@ottawaheart.ca)

Web: [www.ottawaheart.ca](http://www.ottawaheart.ca)

**University of Windsor – Windsor Essex Cardiac Rehab**

St. Denis Athletic Centre

401 Sunset Ave

Windsor, ON

N9B 3P4

Phone: (519) 253-3000 ext. 2419 Fax: (519) 973-7056

Email: [cardiacrehab@uwindsor.ca](mailto:cardiacrehab@uwindsor.ca)

Web: [www.cronus.uwindsor.ca/cardiacrehab](http://www.cronus.uwindsor.ca/cardiacrehab)

**\*\*NOTE: NOT COVERED BY OHIP**

**Windsor Regional Hospital – Windsor Essex Cardiac Wellness Centre**

1453 Prince Road

Windsor, ON

N9C 3Z4

Telephone: (519) 254-5577 Ext.72525 Fax: (519) 257-5277

E-mail: [carwell@wrh.on.ca](mailto:carwell@wrh.on.ca)

Web: [www.cardiacwellness.net](http://www.cardiacwellness.net)